

## **8 g Patient information for General Anaesthesia**

After your initial clinic appointment you will be made an appointment for your surgery and pre-assessment appointment (2 weeks before your surgery).

**The pre-assessment clinic** is designed to ensure that all your paper work is in order and that you have been appropriately informed about the necessary surgery. It will involve;

Nurse/anaesthetist clinic

Your blood pressure will be taken

You may need blood tests

You will be weighed and your height taken

Your operative appointment can only be confirmed if you attend this appointment.

**If you do not attend this appointment your operative appointment will be cancelled** and you will need to be re-referred for future treatment.

**On the day of your surgery appointment you will need to:**

Remove all makeup and nail varnish

Be checked in by a nurse and then meet your surgeon and anaesthetist

Arrive promptly at the time on your appointment card

Be starved of any drink or food from midnight the night before.

If you are on medication take it as prescribed unless specifically told otherwise

Have an escort present when you arrive or you will be cancelled (they must be able to stay whilst you are having your surgery then take you home).

Have your escort must be available to stay with you for 48 hours including the surgery to ensure your safety

If you find out that you are **pregnant** or that you are **feeling unwell** please ring us-----

**BEFORE your appointment** because you may be cancelled on the day.

**After your appointment, for 48 hours you must not:**

Look after children or dependants

Drive

Work machinery

Sign any legal documents

**PLEASE** Just take it easy and recover fully form your surgery

You will be called by a senior nurse 2-4 days after your surgery to ensure that you are making good progress.